

Community Health Needs Assessment Update and Policy Scan

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Overview

- The Community Dashboard
- Update and Review of 2012 CHNA Findings
 - Community Transformation Targets
- Policy Scan Results
 - <http://livewelllancaster.org/LiveWell5/media/livewellmedia/comm-reports/LiveWELL-Lancaster-County-Policy-Scan-2012.pdf>
- Summary

The Community Dashboard

www.lghealth.org/countyhealthdata or www.ephratahospital.org/CommunityHealthNeeds

The screenshot shows the website for the Lancaster General Health Community Health Needs Assessment. At the top, there is a navigation bar with links for E-mail, Contact Us, Volunteer, Make A Gift, En Español, Employees, and Other Sites. Below this is a search bar for Healthcare Professionals. The main header includes the Lancaster General Health logo and a menu with links for Services, Patients & Visitors, Locations, Health Library, Classes & Events, Online Communities, Careers, and About Us. The main content area features a large banner for the Community Health Needs Assessment with a 'Learn More' link. To the right of the banner is a 'MyLGHealth' section with a 'Manage Your Health Online' heading and a list of services: Request an appointment, Request prescription refills, View test results, and Email your doctor's office. There is a 'Login/Register' button and a 'Learn More' button. Below the banner, there is a 'Community Improvement' section with a 'Community Needs Assessment' sub-section. This section includes a list of links: Community Snapshot, Healthy People 2020 Tracker, Health Disparities Dashboard, Promising Practices, Demographics, Report Center, and Report Assistant. The main text in this section is titled 'Lancaster General Health: Community Health Needs Assessment' and states that the system will be used to conduct a comprehensive needs assessment. It lists the following sections: Executive Summary, Assessing the Needs of the Community, and Implementation Strategy. It also mentions that during the process, Lancaster General Health is pleased to make community health data and resources available to the community and partners. Below this is a 'Community Health Data and Resources' section with a 'Community Dashboard' link. The text explains that users can explore a variety of health and quality of life indicators in the Community Dashboard or click on one of the indicators below. There are five indicator icons: People in Poverty, Suicide Death Rate, Public Assistance, Chlamydia Incidence Rate, and Pneumonia Vaccinations. At the bottom, there is a 'Disparities Dashboard' link.

E-mail | Contact Us | Volunteer | Make A Gift | En Español | Employees | Other Sites

Healthcare Professionals

Lancaster General Health

Services Patients & Visitors Locations Health Library Classes & Events Online Communities Careers About Us

Community Health Needs Assessment

Learn More

MyLGHealth

Manage Your Health Online

- Request an appointment
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Login/Register

Learn More

Community Improvement

Community Needs Assessment

- Community Snapshot
- Healthy People 2020 Tracker
- Health Disparities Dashboard
- Promising Practices
- Demographics
- Report Center
- Report Assistant

Lancaster General Health: Community Health Needs Assessment

Lancaster General Health is using this system to conduct a comprehensive needs assessment, and will publish it in this location upon completion. The assessment will include the following sections:

- Executive Summary
- Assessing the Needs of the Community
- Implementation Strategy

During the process of completing the needs assessment, Lancaster General Health is pleased to make community health data and resources available to our community and partners.

Community Health Data and Resources

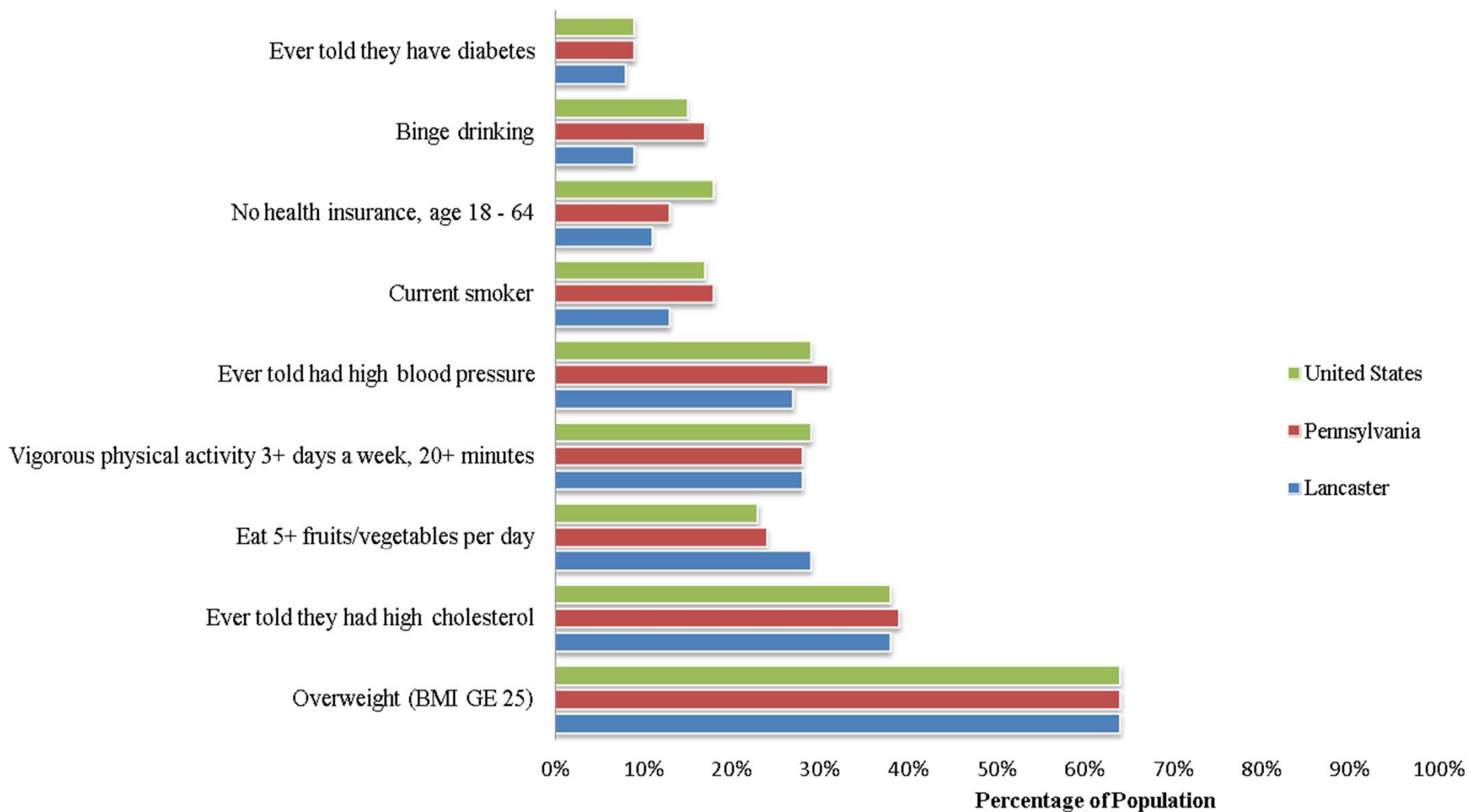
Community Dashboard

Explore a variety of health and quality of life indicators in the [Community Dashboard](#) or click on one of the indicators below.

- [People in Poverty](#)
- [Suicide Death Rate](#)
- [Public Assistance](#)
- [Chlamydia Incidence Rate](#)
- [Pneumonia Vaccinations](#)

Disparities Dashboard

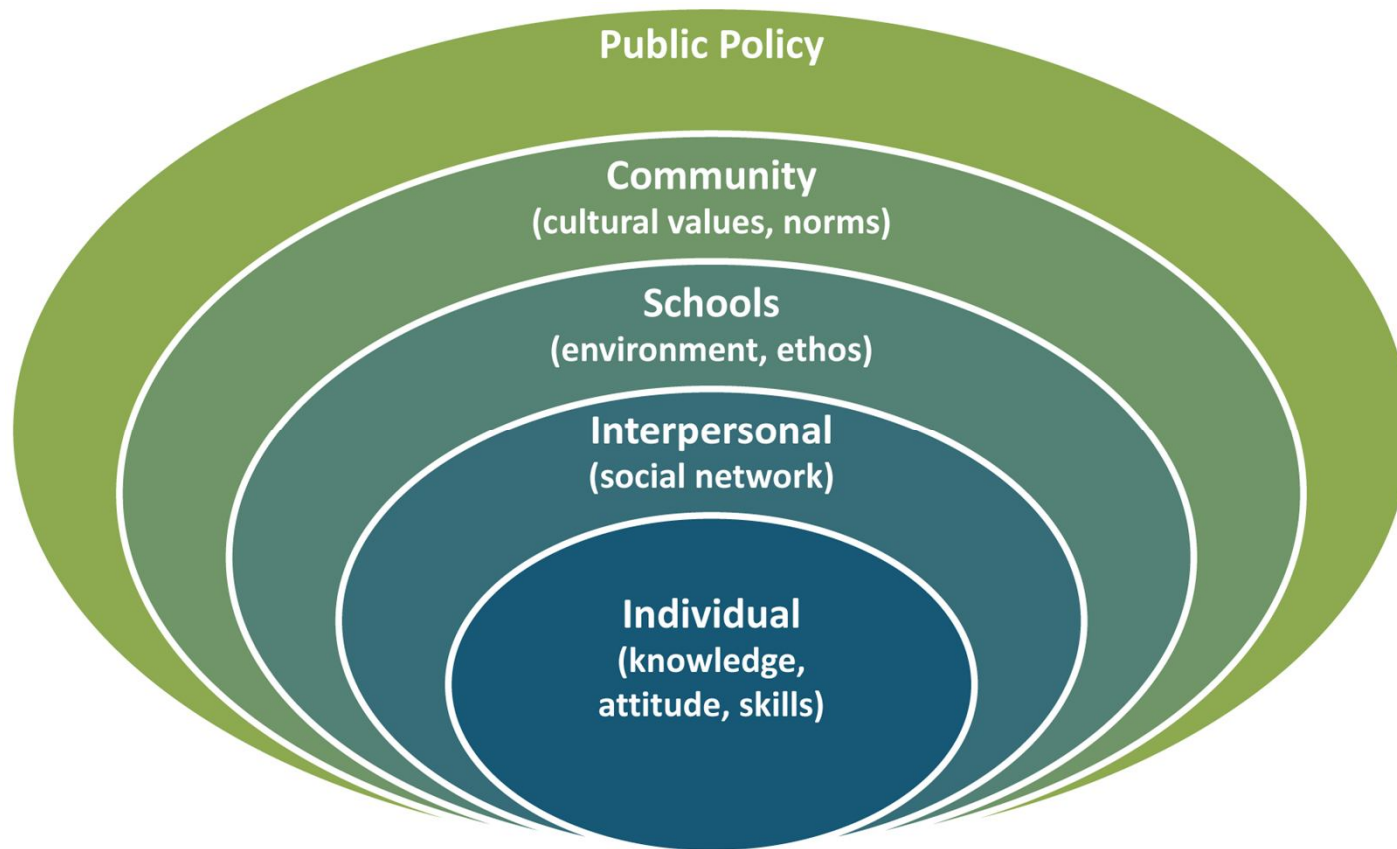
Risk Factors for Chronic Disease



CHNA Changes

- The primary indicators for community transformation are smoking and obesity rates. The smoking rate remains lower in Lancaster than in other PA counties. There may be some positive movement in obesity rates, but it is too soon to tell.
- Health access and the health system are local strengths and there has been no significant change in the past year.
- Cancer incidence rates are relatively high in Lancaster County, but have remained constant.
- Cancer death rates for breast and colorectal cancer as well as death rates for stroke are relatively high in Lancaster County, but have remained constant. The death rate due to coronary heart disease has declined in the past year.
- Chlamydia and Gonorrhea incidence rates remain relatively high.
- The rate of early prenatal care is relatively low, and has not changed.
- The Lancaster County economy is a strength, although there appears to be increasing stress related to housing affordability.
- Lancaster's physical environment may contribute to adverse health outcomes, particularly its poor air quality measures.
- High school drop out rates are relatively high and have increased.

A Community Approach to Health



Source: Centers for Disease Control and Prevention. *Community Health Assessment and Group Evaluation (CHANGE) Action Guide: Building a Foundation of Knowledge to Prioritize Community Needs*. Atlanta: U.S. Department of Health and Human Services, 2010.

*Live*WELL

LANCASTER COUNTY



POLICY SCAN RESULTS
May 2013



LiveWellLancaster.org

Policy Scan Response

Survey Group	Sample Description (Target Respondents)	Sample Size	Total Completes	Overall Response Rate
Municipalities	Lancaster County townships, boroughs, city, and county governments (managers)	59	34	58%
Physician Groups	Two physician groups, LGMG and NLCMG (practice managers)	28	19	68%
School Districts	County school districts (superintendents)	16	13	81%
Workplace	Employers (125+ employees) and HQ in Lancaster County (HR Directors)	95	44	46%



Policy Scan Results: Healthy Eating

Workplaces:

Yes	No	
27%	74%	Are at least 50% of food and drink options for your workplace vending machine healthy?
21%	79%	Written policies supporting healthy vending?
41%	60%	Written policies supporting breastfeeding?
59%	41%	Require healthy food preparation practices in on-site food venues?



Policy Scan Results: Healthy Eating

Workplaces:

Yes	No	
33%	67%	Instituted pricing strategies that encourage the purchase of healthy food and beverage options in onsite food venues?
20%	80%	Banned marketing (e.g., counter advertisements, posters, other print materials) of less than healthy foods and beverages onsite?
21%	80%	Farm to Institution practices (e.g., purchasing food from local farmers, farm stand available for employees to purchase fresh fruits/vegetables)



Policy Scan Results: Healthy Eating

Municipalities:

Yes	No	
0%	100%	Does the municipality offer at least one incentive (financial or nonfinancial) to new and/or existing food retailers to offer healthier food and beverage choices in underserved areas?
6%	94%	Does the municipality provide nutrition education as a component of their parks/recreation/enrichment initiatives?
0%	100%	Does the municipality provide dedicated funding to support nutrition programs for all people across the lifespan?
0%	100%	Does the municipality have a policy that prohibits the sale of less healthy foods and beverages in local government facilities?
0%	100%	Require the purchase or use of foods grown in Lancaster County (e.g., farm to institution program)?



Policy Scan Results: Healthy & Safe Physical Environments

Municipalities:

Yes	No	
3%	97%	Has the municipality completed the Bicycle Friendly Community application?
16%	84%	Has the municipality applied for federal Safe Routes to School funding in the past five years?
6%	94%	Has the municipality conducted a walkability audit?
3%	97%	Has the municipality conducted a bikeability audit?



Policy Scan Results: Healthy & Safe Physical Environments

Municipalities:

Yes	No	
0%	100%	Has the municipality conducted a Health Impact Assessment?
63%	38%	Comprehensive Plan includes goals for walkability?
47%	53%	Comprehensive Plan includes goals for bikability?
18%	82%	Comprehensive Plan include a goal to adopt at least one Complete Streets design element?



Policy Scan Results: Active Living

Schools:

Yes	No	
8%	92%	Does your school have a policy that requires at least 150 minutes per week of physical education for all elementary school students throughout the school year?
17%	83%	Does your school have a policy that requires at least 225 minutes per week of physical education for all middle and high school students throughout the school year?
33%	67%	Does your school have a policy that requires students in grades K-12 to be physically active for at least 50% of the time spent in physical education classes?



Policy Scan Results: Active Living

Workplaces:

Yes	No	
63%	37%	Does your business have bike racks?
5%	96%	Do you offer incentives for employees who walk or bike to work regularly?
7%	93%	Did your business complete the Bicycle Friendly Business application prior to July 1, 2012?
64%	36%	Does your business have designated walking paths?
37%	63%	Has the business adopted or implemented a formalized program at the worksite that promotes the use of stairs by employees (e.g., Stair Well)?



Policy Scan Results: Tobacco-Free Living

Workplaces:

Yes	No	
73%	27%	Has the business banned tobacco on or in company-owned property?
79%	21%	Does the business provide access to a referral system for tobacco cessation resources and services?
57%	43%	Has the business adopted or implemented a formal tobacco cessation program at the worksite?



Summary

- There is room for many more workplaces to develop policies that encourage healthy eating and healthy activity. The majority of workplaces have implemented policies that discourage tobacco use.
- There is room for many more municipalities to develop policies and plans that encourage healthy activity and healthy eating.
- Most school districts can do more to encourage healthy activity.